

FREEEEFF
Ice Cream @
Paul & Dana's
Place Tuesday
July 8th,
7:00 PM



EQUESTRIAN TRAILS, INC.
CORRAL 12 - Vista del Valle
JULY 2008

P.O.BOX 921022, SYLMAR, CA. 91392

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(661) 268-0474
Dressage: Dana Tonai
(661) 298-1412
Been there - done that
Kris Minzey (818) 767-6372
Horse Show: Debbie Foster
(661) 309-7371
Trail Trials: Patty Hug
(818) 367-2056
Newsletter articles due the
20th of the month to Diane
Riniker
riniker@get.net
Or mail to:
P.O.Box 921022
Sylmar, Ca. 91392
Webmaster: Paul Coleman
(661) 298 -1412
Corral 12 Website:
www.corral12.com

**CELEBRATING
TRUE
HORSE POWER**

ETI's Annual
Convention

Saturday, July 19

Gymkhana
Arroyo Simi
Equestrian Center,
3495 Chickory
Leaf Place

Driving Classes
Martinez Arena ,
Burbank

Sunday, July 20

**Invitational Trail
Trials,**
Gabrielino Park,
Hansen Dam area,
Lake View Terrace

Thursday, 7/24

Los Angeles
Equestrian Ctr.
480 Riverside
Drive, Burbank,
Stalls & Camping
assigned

Thursday, 7/24

**Jr. Ambassador Horse-
manship Test**

Friday, July 25

**Chili Cook-Off and
Silent Auction**

Saturday, 7/26

**Western Classes - Trail
Classes**

**English Flat Classes -
Dressage**

Jr. Ambassador Crowning
Dinner at Pickwick

Sunday, July 27

English Flat Classes

Hunter Classes

Jumper Classes

Sunday, August 2

Drill Team Competition
Equidome

VOLUNTEERS NEEDED

Call the ETI Office
(818) 362-6829

CORRAL 12 July MEETING DATES

We sometimes have our Ice Cream Social in August; however, this year the Morro Bay camping trip dates conflict with our August meeting schedule. So, once again, Paul, Dana and Family graciously agreed to have the Ice Cream Social at their home. They are remodeling their kitchen so have no stove; but all we need at Corral 12 is a cold freezer and a big table and we can eat ICE CREAM! After a spirited discussion, many board members decided that we too would like to remodel our kitchens and that being without a stove is OK! Look for the flyer in this newsletter.

The Corral 12 board meeting will be held on Tuesday, July 22, at the ETI Office, 7:30 PM, 13741 Foothill Blvd., # 100, Sylmar.

THANK YOU!

Many, many thanks to our new Corral 12 member Susan Figley for demonstrating and then teaching us her "healing hands" techniques to help

horses relax and identify painful areas. We had a larger, older horse to work with, as well as a Mini, and they were both very cooperative. Thanks to Dr. Katie for providing her home, and hot dogs, and to everyone else who brought goodies, including Mark Richardson for the delicious chili!

More Rescued Horses

The County of Los Angeles Dept. of Animal Care and control arrested Janis Damiani when nearly 100 horses were discovered at Equus Sanctuary in Pear Blossom. There was limited available water and no food available on the property. Most of the horses were in desperate need of medical treatment and care. More than a dozen horses were euthanized. The County is hoping to rehabilitate these horses and get them into loving homes as soon as possible. Please contact them at (562) 658-2000 if you are interested in adopting or fostering any of these horses.

Antonovich Ride

The Antonovich ride, with 85 riders was a great success, good music and BBQ, and our trails look wonderful! Irene Scott met with Deputy Sup. Jay Gomez re. parks and trails that need attention and repairs. You can e-mail Irene at loosendaylight@yahoo.com

President's Message

Kris Topaz

Work Hard, Play Hard!

You've heard this motto, right? Well, our Corral's motto, at least according to me sometimes, is FOOD, FUN & FELLOWSHIP. That sort of leaves out the work part, but we are a very hard working Corral, as you all know. This month we will be PLAYING first and then WORKING next. Look for the Ice Cream Social flyer in this issue, and then you all know about Convention. Our Jr. Ambassadors still need donations of items for their Raffle, and this first week in July is the deadline to register for the Personality and Poise luncheon on July 12th. Plan on wrapping it all up as we camp at Morro Bay in August. Remember to give all pets lots of water on these hot days, and see you as we work and play!

NEED A JOB?

Trail guide wanted for horse ranch in Topanga Canyon. Must have valid drivers license and health insurance and be a strong rider with ability to do other ranch work. Must like interacting with people. This job requires you to work holidays and weekends. Great pay!

Call (818) 591-2032

<http://lahorsebackriding.com>

BLAZING SADDLES

Dr. Katie Twohy forwarded me this article from a Corral 36 member who wrote this for their newsletter. Gayle attended our horse show on May 18th., a record breaking heat day. Here is her experience.

I thought I was reasonably well prepared for the record setting heat during competition at Sylmar's Corral 12 horse show. I had a 32 oz. jug of water mixed with Power Bar's Endurance sport drink powder, a small chest filled with ice and about 20 gallons of water in the horse trailer water tank for "Whimsy" and me. I felt like I was in a blast furnace and finished the sport drink before I even mounted. Trying to stay hydrated I bought, and drank bottle after bottle of ice cold water during the 2 hours before our classes, but didn't have time to go back to the trailer and mix in more of the sport drink powder.

We received ribbons in some classes that were testimony a good horse will run on autopilot. I realized I couldn't ride again and that I had to leave early or I might not make it home. I peeled off my chaps and stuck my head under a hose and dumped ice all over myself.

By force of will I made the haul back to our barn, pouring bottles of water on my head as I drove. I managed to get "Whimsy" unloaded and hosed off, but didn't even try to unhook the trailer. I was in trouble for the short drive from Moorpark to Thousand Oaks and got lost and ended up back in Simi. I finally got home and called Steve. I took a cold shower but had trouble getting in and out of the tub. Then I started vomiting. My arms and legs were shaking violently and I was hyperventilating. We headed for the hospital and when we got to the ER my balance was gone. I collapsed as we went into the waiting room. While waiting for the lab results first my feet went numb and then my face. The problem was I drank so much plain water I diluted my normal body chemistry. My sodium level was so low I was in immediate danger of seizures, and the sodium and chemistry issues caused all of my problems. I stayed in the hospital overnight on IV's. The doctor told me I should have been drinking a lot of something with salt and sugar - even Gatorade will work. My high tech sports drink would have been fine if I had just used more of it.

If you are thinking that it was pretty dumb to haul home when I was sick you are absolutely right! Lack of judgment was the first serious symptom. I was lucky on a lot of counts.

-Gayle Brodie



Corral 12's Annual Ice Cream Social

TUESDAY, JULY 8 2008

Time: 7:00 PM (or as early as 6:00 PM if you
want to swim);

house too!

Location: Rancho de Coleman / Tonai
Paul, Dana, Rhiannon, Donovan & Emrys

Address: 16222 Pine Valley Road, Placerita Canyon

Phone: (661) 298-1412

Join us for all the ice cream you can eat, it's FREEEE! Bring your swim suits and towels -

AFTER WE ARE ALL FULL OF ICE CREAM THERE WILL BE A SHORT MEETING.

Directions: From the 14 Freeway, take the Placerita Canyon Road Exit. Travel about 5 miles until you get close to the intersection where Placerita Canyon Road intersects with Sand Canyon Road. Turn left on Raven Hill Drive. Bring paper towels to wipe up the drool as you look at all the magnificent horse property. Toward the end of the street, watch for a big oak tree on your left that sticks out into the road. Look to your left, you'll see Paul's, Dana's and Connie's horses. Where the white fence ends is Pine Hill Road. Turn left, if you see two mail boxes you've got the right house. Park on the street.

Corral 12 CAMPING TRIP
MONTANA DE ORO STATE PARK AT MORRO BAY
AUGUST 10 - 14, 2008

Name: _____

Address: _____

Phone #: _____

Circle # of nights you will stay: 10 11 12 13 14
Number of people in your party: Adults _____ Children _____

Accommodations:

Tent ___ Truck/Camper ___ Motor Home ___ Horse Trailer ___

How many Corrals do you need? ___ Will they share a corral ___

Can you bring a portable corral or use a tie line _____

Cost: \$10.00 per person per number of nights: \$ _____
(children under the age of 15 no charge)

Or, whichever is greater:
Number of horses (\$10.00 each per number of nights) \$ _____

Non-ETI Member Insurance Fees: \$5.00 per person, or \$7.00 per family

Please make your check payable to ETI Corral 12
Mail your check with this form by July 25 to:

Diane Riniker
13632 Fenton Ave.
Sylmar, Ca. 91342
(818) 362-6700

Stalls will be assigned by Corral 12 officers based on safety issues, and/or numbers. Please call to make sure we received your check and reservation. Pot luck dinners are based on number of attendees and group consensus.

**CORRAL 12 THANKS OUR MAY
HORSE SHOW SPONSORS**

Barbara's Hair Co.
15987 Yarnell St., Sylmar
(818) 362 - 5811

Nidal Azzi
GNC Properties
AM/PM, Arco, Sub-Pizza
1500 Olive View Drive
Sylmar
(818) 367-7317

Lelien Hull-Gonzales
The Mail Room
15981 Yarnell St., Sylmar
(818) 833-4349

PDQ Market
15981 Yarnell St., Sylmar

El Rancho Plaza Market
Roxford and Glenoaks, Sylmar

The Sylmar Woman's Club
President: Karen Sikora

Delmarie Carver & Jeanne Currier
Corral 12 Members

Patty Hug and Jim Renze
Corral 12 Members

Richard Katz
Former Calif. State Legislature

WE COULDN'T DO IT WITHOUT YOU !

E.T.I. CORRAL 12
PO BOX 911022
SYLMAR, CA 91392



PAUL/DANA TONAI COLEMAN
16222 PINEVIEW RD
SANTA CLARITA CA
91387 9/07

4th Annual Community Family Concert, All Nations Church, 10000 Foot-hill Blvd., Lake View Terrace
Friday, July 25, 7:30 PM, Henry
Becker and Team Honky Tonk
Tickets \$10.00 each (Silent Auction)
CORRAL 12 CALENDAR,
July, 2008

July 8 Ice Cream Social
Paul & Dana's 7:00 PM
July 22 Board Meeting
ETI Office
7:30 PM

**NO JULY TRAIL RIDE -
SEE YOU AT CONVENTION!**
FOR DATES ON JULY CONVEN-
TION ACTIVITIES, REFER BACK
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August 10 - 14 Morro Bay Camping Trip

10% OFF COUPON EAST VALLEY FEED & TACK 10% OFF COUPON

EAST VALLEY FEED & TACK
11184 SHELDON ST
SANTA CLARITA, CA
TEL: 767-3456

10% OFF SUPPLIES, TACK, VITAMINE, WORKBORE, BLANKETS, FEEDS
& WATERS, VACCINES, HEALTH CARE & PEST CONTROL, SHAVINGS,
PET SUPPLIES, BOOKS, JEWELRY, CASSI, TANKS, UMBRELLA, NETS,
POYS, PLANTS & TREES, NURSERY SUPPLIES

ISSUED BY: E.T.I. CORRAL 12 SYLMAR
CUSTOMER NAME: _____